

## BSA Lifeguard Requirements

A person must complete the requirements on the BSA Lifeguard application (on [www.mycampgrimes.org](http://www.mycampgrimes.org) website). Most requirements will be completed in class. The scouter must complete requirement 6 outside of class.

Requirement 6 – Show evidence of current training in **American Red Cross First Aid and American Red Cross CPR/AED for the Professional Rescuer or equivalent** (includes any training for a camp health officer recognized by BSA national camp standards ). American Red Cross Greater Carolinas Chapter can be reached on the web at [www.redcross.org/local/north-carolina/western-north-carolina](http://www.redcross.org/local/north-carolina/western-north-carolina) or by telephone at 704-376-1661.

The equivalent classes from American Heart Association is offered by Innovative Solution in Charlotte. The first Aid class is The American Heart Association **HeartSaver First Aid and HealthCare Provider CPR (with AED as part)**. Innovative Solutions can be contacted at 704-527-5119 or on the web at <http://innosols.com>

Classes from other companies would need to be compared to these classes.